**Experiment 1**

We assessed whether mean JOL/recall responses in Experiment 1 differed as a function Block. Using a 4 (Pair Type: Forward vs Backward vs Symmetrical vs Unrelated) × 3 (Encoding Group: Item-Specific vs. Relational vs Read) × 2 (Block: Block 1 vs Block 2) × 2 (Measure: JOL vs Recall) mixed ANOVA yielded XX effect of Pair Type on JOLs/recall,*F*(X, XX) = X, *MSE* = XXX, *η*p2 = XX. Collapsed across encoding strategies, mean JOLs/recall were highest when participants studied forward pairs (XX), followed by symmetrical (XX), backward (XX), and unrelated items (XX). Additionally, a main effect of Encoding Group was observed, *F*(X, XX) = XX, *MSE* = XX, *ηp*2 = .XX, indicating that across both pair direction, measure, and block, participants JOLs/recall rates were highest when using item-specific (XX) and relational (XX) encoding strategies relative to the silent reading task (XX, *t*s ≥ XX, *d*s ≥ XX). Third, an effect of measure was detected such that collapsed across Pair Type, Encoding Group, and Block, JOLs (XX) exceed that of later recall (XX). Finally, [MAIN EFFECT OF BLOCK?] This effect was qualified by a significant interaction between Block and Measure, *F*(X, XX) = XX, *MSE* = XX, *ηp*2 = .XX, in which mean JOLs/recall significantly differed… [DESCRIBE PATTERN]. Additionally, a significant interaction emerged between Block and Pair Type, *F*(X, XX) = XX, *MSE* = XX, *ηp*2 = .XX, such that… [DESCRIBE PATTERN]. However, no interaction was observed between Block and Encoding Group, *F*(X, XX) = XX, *MSE* = XX, *pBIC* = XX.

**Experiment 2**

Next, we assessed whether mean JOL/recall rates differed as a function of Block in Experiment 2. Using a 4 (Pair Type: Forward vs Backward vs Symmetrical vs Unrelated) × 3 (Encoding Group: Item-Specific vs. Relational vs Read) × 2 (Block: Block 1 vs Block 2) × 2 (Measure: JOL vs Recall). First, a significant effect of Pair Type, *F*(X, XX) = X, *MSE* = XXX, *η*p2 = XX, was detected such that collapsed across Measure, Encoding Group, and Block, mean JOLs/recall rates were highest when participants studied forward pairs (XX), followed by symmetrical pairs (XX), backward pairs (XX) and unrelated pairs (XX). Next, this analyses yielded a significant main effect of Encoding Group, *F*(X, XX) = X, *MSE* = XXX, *η*p2 = XX, such that [DESCRIBE PATTERN]. Third, an effect of measure was detected, *F*(X, XX) = X, *MSE* = XXX, *η*p2 = XX, such that mean JOL ratings (XX) exceeded that of recall (XX) when collapsed across Pair Type, Encoding Group, and Block. Finally, [EFFECT OF BLOCK AND DESCRIBE PATTERN]. These effects were then qualified by a significant three-way interaction between Encoding Group, Measure, and Block, , *F*(X, XX) = X, *MSE* = XXX, *η*p2 = XX. [DESCRIBE PATTERN]. All other interactions with Block were non-significant [STATS].

Table 1

*DESCRIPTION HERE*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Block | Measure | Encoding Task | Forward | | Backward | Symmetrical | Unrelated |
| One | JOL | Item-Specific | |  |  |  |  |
|  |  | Relational | |  |  |  |  |
|  |  | Read | |  |  |  |  |
|  | Recall | Item-Specific | |  |  |  |  |
|  |  | Relational | |  |  |  |  |
|  |  | Read | |  |  |  |  |
| Two | JOL | Item-Specific | |  |  |  |  |
|  |  | Relational | |  |  |  |  |
|  |  | Read | |  |  |  |  |
|  | Recall | Item-Specific | |  |  |  |  |
|  |  | Relational | |  |  |  |  |
|  |  | Read | |  |  |  |  |

*Note.*

Table 2

*DESCRIPTION HERE*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Warning | Block | Measure | Encoding Task | Forward | Backward | Symmetrical | Unrelated |
| No Warning | One | JOL | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  | Recall | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | Two | JOL | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  | Recall | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  |  |  |  |  |  |  |
| Warning | One | JOL | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  | Recall | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | Two | JOL | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |
|  |  | Recall | Item-Specific |  |  |  |  |
|  |  |  | Relational |  |  |  |  |
|  |  |  | Read |  |  |  |  |

*Note.*